



7St. Nicholas Orthodox Cathedral

Antiochian Orthodox Christian Archdiocese of North America
Diocese of Los Angeles and the West

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TONE 4

SEPTEMBER 3, 2023

EOTHINON 2

THE THIRTEENTH SUNDAY AFTER PENTECOST

الأحد الثالث عشر بعد العنصرة

*HIEROMARTYR ANTHIMOS OF NICOMEDIA & VENERABLE THEOKTISTOS, FELLOW ASCETIC WITH EUTHYMIOS THE GREAT • MARTYR CHARITON • NEW-MARTYR POLYDOROS OF CYPRUS
PHOEBE THE DEACONESS OF CENCHREAE • RIGHTEOUS BASILISSA OF NICOMEDIA
IOANIKIOS I, PATRIARCH OF SERBIA*

St. Phoebe came from a very busy port area called Cenchreae, a popular stop for people traveling from Syria or Asia Minor.

St. Phoebe is recognized as the first woman deacon. She is honored as being the prototype for female deacons, just as St. Stephen is the prototype for male deacons. St. Paul gave recognition to St. Phoebe, thanking her in public.

I commend to you our sister Phoebe, a deaconess of the church at Cenchreae, that you may receive her in the Lord as befits the saints, and help her in whatever she may require from you, for she has been a helper of many and of myself as well. (Romans 16:1-2)

Centuries later, St. John Chrysostom praised St. Phoebe's work for the Church as an inspiration and model for both men and women to imitate. He calls her a saint - a holy person and a woman who served the Church through the office of deacon. Since the beginning of the Church, women have been using their talents and gifts from God to serve.

Excerpt from an article by Dr. Maria Khoury. This icon, by Dr. George Kordis, is found at St. George Church, Indianapolis-Fishers, Indiana.



LITURGY VARIATIONS

3RD ANTIPHON (TROPARION OF THE RESURRECTION, TONE 4)

Having learned the joyful message of the Resurrection from the angel, the women disciples of the Lord cast from them their parental condemnation and proudly broke the news to the Disciples, saying: Death hath been spoiled; Christ God is risen, granting the world Great Mercy.

إِنَّ تَلْمِيزَاتِ الرَّبِّ تَعَلَّمْنَ مِنَ الْمَلَائِكِ الْكَرَّزَ بِالْقِيَامَةِ الْبَهْجِ،
وَطَرَحْنَ الْقَضَاءَ الْجَدِيدِيَّ، وَخَاطَبْنَ الرُّسُلَ مُفْتَخِرَاتٍ وَقَائِلَاتٍ:
سَيِّءِ الْمَوْتِ وَقَامَ الْمَسِيحُ الْإِلَهُ، وَمَنَحَ الْعَالَمَ الرَّحْمَةَ الْعُظْمَى.

Schedule of Regular Weekly Services

Sundays: Matins, 9:15 AM Confession: After Saturday Vespers
Divine Liturgy, 10:30 AM During Sunday Matins
Saturdays: Great Vespers, 6:00 PM Or by Appointment



See Calendar for Fast Days and Other Weekday Services Scheduled

Please turn cell phones off!

Order for Holy Communion

Members of the Orthodox Church age seven and above must prepare for Holy Communion with a recent confession, prayer, fasting from all food and drink from midnight (unless a medical condition preclude it), being in church *before* the Epistle and Gospel readings, and being at peace with everyone.

As there are **NO CHURCH SCHOOL** classes today, children should sit with their parents and come to Communion with them. An usher will dismiss your row from the center aisle. Then return to your place by a side aisle for the prayers of thanksgiving and the final blessing and dismissal. Please let choir members pass when they come down for Communion.

A Warm Welcome to Our Guests

We are glad you are worshipping with us. Please note that participation in **Holy Communion is limited to members of the Orthodox Church** in good standing, who have prepared with prayer, fasting and a recent confession.

For all others: though we cannot share Communion with you—since it is an expression of membership and full unity in faith—you are welcome to come forward after the dismissal, receive a blessing and partake of the blessed bread (from the large bowls). Please also sign our guest book and introduce yourself to Fr. Nabil or Fr. Andrew during coffee hour. You may inquire with them how you can become a member.

APOLYTIKIA AFTER THE ENTRANCE

Troparion of The Resurrection (Tone 4)

Having learned the joyful message....

إِنَّ تَلْمِيذَاتِ الرَّبِّ تَعَلَّمْنَ مِنَ الْمَلَائِكَةِ....

Troparion of St. Anthimos (Tone 1)

O godly-minded Anthimos, as a staunch defender of thy flock, thou eagerly sheddest thy blood for its protection. Unbending and wholly unafraid of all thine adversaries' fearful threats, thou rejoicest now in Heaven, standing before the throne of the Three-Sun Godhead. Glory to Christ, Who hath given thee strength. Glory to thy manly bravery. Glory to thy patient endurance in martyrdom.

لَمَا صِرْتَ مُنَاصِلًا ثَابِتًا عَنْ رَعِيَّتِكَ أَيُّهَا الْمَيَالِيُّ الْعَزِيمُ أَنْثِيمُوسُ،
أَهْرَقْتَ دَمَكَ بِإِقْدَامٍ مِنْ أَجْلِهَا. وَإِذْ أَنْتَ لَمْ تَخْجَعْ مِنْ
تَهْدِيدَاتِ الْأَعْدَاءِ، تَبْتَهِّجُ الْآنَ فِي السَّمَاوَاتِ، مَائِلًا لَدَى
عَرْشِ اللّاهُوتِ الْمُثَلَّثِ الضِّيَاءِ. فَالْمَجْدُ لِلْمَسِيحِ الَّذِي
شَدَّدَكَ، الْمَجْدُ لِكِرَامَةِ نَفْسِكَ، الْمَجْدُ لِجِلَادَتِكَ فِي الشَّهَادَةِ.

Troparion of St. Theoktistos (Tone 8)

The barren wilderness thou didst make fertile with the streams of thy tears, and, by thy deep sighing, thou hast given fruit through thy struggles a hundredfold. Accordingly, thou hast become a star for the universe, sparkling with miracles. Therefore, O righteous Father Theoktistos, intercede with Christ God to save our souls.

لِلْبَرِّيَّةِ غَيْرِ الْمُثْمِرَةِ بِمَجَارِي دُمُوعِكَ أَمْرَعْتَ، وَبِالتَّنَهَّدَاتِ الَّتِي
مِنَ الْأَعْمَاقِ أُنْمَرْتَ بِأَنْعَابِكَ إِلَى مِئَةِ ضِعْفٍ. فَصِرْتَ كَوْكَبًا
لِلْمَسْكُونَةِ مُتَلَأَلًا بِالْعَجَائِبِ يَا أَبَانَا الْبَارَّ ثَاوَكْتِيْسْتُسَ.
فَتَشَفَّعْ إِلَى الْمَسِيحِ الْإِلَهِ أَنْ يُخَلِّصَ نَفُوسَنَا.

Troparion of St. Nicholas (Tone 4)

The verity of your actions revealed you to your flock, a rule of faith, an icon of mildness, and teacher of abstinence, O Father Bishop Nicholas; wherefore by humility you have achieved exaltation and by poverty richness. Intercede with Christ our God to save our souls.

لَقَدْ أَظْهَرْتَكَ أفعالُ الْحَقِّ لِرَعِيَّتِكَ قَانُونًا لِلإِيمَانِ، وَصُورَةً
لِلْوَدَاعَةِ، وَمُعَلِّمًا لِلإِمْسَاكِ، أَيُّهَا الْأَبُ وَرِئِيسُ الْكَهَنَةِ
نِيْقُولَاوَسُ. فَلِذَلِكَ أَحْرَزْتَ بِالتَّوَاضُعِ الرِّفْعَةَ، وَبِالْمَسْكِنَةِ الْغِنَى.
فَتَشَفَّعْ إِلَى الْمَسِيحِ الْإِلَهِ أَنْ يُخَلِّصَ نَفُوسَنَا.

Kontakion of the Nativity of the Theotokos (Tone 4)

By thy holy nativity, O pure One, Joachim and Anna were delivered from the reproach of barrenness, and Adam and Eve were delivered from the corruption of death. Thy people do celebrate it, having been saved from the stain of iniquity, crying unto thee: The Barren doth give birth to the Theotokos, who nourisheth our life.

إِنَّ يُوَاكِيمَ وَحَنَّةَ مِنْ عَارِ الْعُمْرِ أُطْلِقَا، وَأَدَمَ وَحَوَاءَ مِنْ فَسَادِ
الموت، بِمَوْلِدِكَ الْمُقَدَّسِ يَا طَاهِرَةً أُعْتِقْنَا. فَلَهُ يُعْتَدُّ شَعْبُكَ،
وَقَدْ تَخَلَّصَ مِنْ وَصْمَةِ الزَّلَّاتِ، صَارِحًا نَحْوِكَ: أَلْعَاقِرُ تَلِدُ
وَالْبَرَّةُ الْإِلَهَ الْمُغَدِّبَةَ حَيَاتِنَا.

THE SCRIPTURE LESSONS

Prokeimenon (Tone 4; Psalm 103.24, 1 LXX)

O Lord, how magnificent are your works. You have made all things in wisdom.

Verse: Bless the Lord, O my soul.

From St. Paul's 1st Epistle to the Corinthians (16.13-24; 13th Sunday after Pentecost)

BRETHREN, be watchful, stand firm in your faith, be courageous, be strong. Let all that you do be done in love.

Now, brethren, you know that the household of Stephanas were the first converts in Achaia, and they have devoted themselves to the service of the saints; I urge you to be subject to such men and to every fellow worker and laborer. I rejoice at the coming of Stephanas and Fortunatus and Achaicos, because they have made up for your absence; for they refreshed my spirit as well as yours. Give recognition to such men.

The churches of Asia send greetings. Aquila and Prisca, together with the church in their house, send you hearty greetings in the Lord.

بروكيمنون (مزمو 103.24، 1؛ اللحن الرابع)

مَا أَعْظَمَ أَعْمَالِكَ يَا رَبُّ كُلُّهَا بِحِكْمَةٍ صَنَعْتَ.
بَارِكِي يَا نَفْسِي الرَّبَّ.

فَصَلِّ مِنْ رِسَالَةِ الْقِدِّيسِ بُولُسَ الرَّسُولِ الْأُولَى إِلَى أَهْلِ كورنثوس (16.13-24؛ للأحد الثالث وعاشر)

يَا إِخْوَةَ، إِسْهَرُوا، أَتَّبِعُوا عَلَى الْإِيمَانِ، كُونُوا رِجَالًا، تَشَدَّدُوا.
وَلْتَكُنْ أُمُورُكُمْ كُلُّهَا بِالْمَحَبَّةِ.

وَأَطْلُبُ إِلَيْكُمْ أَيُّهَا الْإِخْوَةُ: تَعْرِفُونَ أَنَّ إِسْتِفَانَسَ وَفُورْتِنَاتُسَ
وَأَكَائِكُسَ هُمْ بَاكُورَةُ أَخَائِيَّةَ وَقَدْ حَصَّصُوا أَنْفُسَهُمْ لخدمَةِ
الْقِدِّيسِينَ. فَعَلَيْكُمْ، أَنْ تَخَضَعُوا أَنْتُمْ أَيْضًا لِمِثْلِ هَؤُلَاءِ وَلِكُلِّ
مَنْ يُعَاوَنُ وَيَتَعَبُّ. إِلَيَّ فَرِحَ بِحُضُورِ إِسْتِفَانَسَ وَفُورْتِنَاتُسَ
وَأَخَائِكُوسَ فَقَدْ قَامُوا مَقَامَكُمْ فِي غِيَابِكُمْ، فَأَرَاخُوا رُوحِي
وَأَرَوَّاحَكُمْ. فَقَدِّرُوا أَمْثَالَهُمْ.

All the brethren send greetings. Greet one another with a holy kiss.

I, Paul, write this greeting with my own hand. If anyone has no love for the Lord, let him be accursed. Our Lord, come! The grace of the Lord Jesus be with you. My love be with you all in Christ Jesus. Amen.

تُسَلِّمُ عَلَيْكُمْ كَنَائِسُ آسِيَّةَ. يُسَلِّمُ عَلَيْكُمْ فِي الرَّبِّ كَثِيرًا أَكِيَلَا
وَبِرِسْكَالَّةُ وَالْكَنِيسَةُ الَّتِي فِي بَيْتِهِمَا. يُسَلِّمُ عَلَيْكُمْ جَمِيعُ
الإِخْوَةِ. سَلِّمُوا بَعْضُكُمْ عَلَى بَعْضٍ بِقُبْلَةٍ مُقَدَّسَةٍ.
السَّلَامُ بِيَدِي أَنَا بُولُسُ. إِنْ كَانَ أَحَدٌ لَا يُحِبُّ رَبَّنَا يَسُوعَ
الْمَسِيحَ فَلْيَكُنْ مَفْرُورًا. مَا زَانَ أَثَا. نِعْمَةٌ رَبَّنَا يَسُوعَ الْمَسِيحِ
مَعَكُمْ. مَحَبَّتِي لَكُمْ جَمِيعًا فِي الْمَسِيحِ يَسُوعَ. آمِينَ.

Holy Gospel according to St. Matthew (21.33-42; 13th Sunday of Matthew)

THE LORD SPOKE THIS PARABLE: "There was a householder who planted a vineyard, and set a hedge around it, and dug a wine press in it, and built a tower, and let it out to tenants, and went into another country.

"When the season of fruit drew near, he sent his servants to the tenants, to get his fruit; and the tenants took his servants and beat one, killed another, and stoned another. Again, he sent other servants, more than the first; and they did the same to them. Afterward, he sent his son to them, saying, 'They will respect my son.' But when the tenants saw the son, they said to themselves, 'This is the heir; come, let us kill him and have his inheritance.' And they took him and cast him out of the vineyard, and killed him. When therefore the owner of the vineyard comes, what will he do to those tenants?" They said to him, "He will put those wretches to a miserable death, and let out the vineyard to other tenants who will give him the fruits in their seasons."

Jesus said to them, "Have you never read in the scriptures: 'The very stone which the builders rejected has become the head of the

مِنْ بَشَارَةِ الْقِدِّيسِ مَتَّى الإِنْجِيلِيّ التَّبَشِيرِ وَالتَّلْمِيذِ الطَّاهِرِ
(21.33-42؛ للأحد الثالث وعاشر من متى)

قَالَ الرَّبُّ هَذَا الْمَثَلُ: إِنْسَانٌ رَبُّ بَيْتٍ غَرَسَ كَرْمًا وَحَوَّطَهُ
بِسِيَّاحٍ، وَحَفَرَ فِيهِ مَعْصِرَةً، وَبَنَى بُرْجًا، وَسَلَّمَهُ إِلَى عَمَلَةٍ
وَسَافِرٍ.

فَلَمَّا قَرُبَ أَوَانُ الثَّمَرِ، أَرْسَلَ عَبِيدَهُ إِلَى الْعَمَلَةِ لِيَأْخُذُوا ثَمَرَهُ،
فَأَخَذَ الْعَمَلَةُ عَبِيدَهُ، وَجَلَدُوا بَعْضًا، وَقَتَلُوا بَعْضًا، وَرَجَمُوا
بَعْضًا. فَأَرْسَلَ عَبِيدًا آخَرِينَ أَكْثَرَ مِنَ الْأَوَّلِينَ، فَصَنَعُوا بِهِمْ
كَذَلِكَ. وَفِي الْآخِرِ، أَرْسَلَ إِلَيْهِمْ ابْنَهُ قَائِلًا "سَيَهَابُونَ ابْنِي."
فَلَمَّا رَأَى الْعَمَلَةُ الْإِبْنَ قَالُوا فِيمَا بَيْنَهُمْ "هَذَا هُوَ الْوَارِثُ. هَلُمَّ
نَقْتُلْهُ وَنَسْتَوْلِي عَلَى مِيرَاثِهِ." فَأَخَذُوهُ وَأَخْرَجُوهُ خَارِجَ الْكَرْمِ
وَقَتَلُوهُ. فَعَتَى جَاءَ رَبُّ الْكَرْمِ مَاذَا يَفْعَلُ بِأَوْلِيَاكِ الْعَمَلَةِ؟ فَقَالُوا
لَهُ: إِنَّهُ يُهْلِكُ أَوْلِيَاكَ الْأَرْدِيَاءَ أَرْدَاً هَلَاكًا، وَيُسَلِّمُ الْكَرْمَ إِلَى
عَمَلَةٍ آخَرِينَ يُؤَدُّونَ لَهُ الثَّمَرَ فِي أَوَانِهِ.

فَقَالَ لَهُمْ يَسُوعُ: أَمَا قَرَأْتُمْ قَطُّ فِي الْكُتُبِ إِنَّ الْحَجَرَ الَّذِي رَدَّاهُ
الْبَنَاءُونَ هُوَ صَارَ رَأْسًا لِلزَّوَايَةِ. مِنْ قَبْلِ الرَّبِّ كَانَ ذَلِكَ وَهُوَ
عَجِيبٌ فِي أَعْيُنِنَا؟

corner; this was the Lord's doing, and it is marvelous in our eyes'?"

HOLY OBLATIONS AND PRAYER REQUESTS

- By Salwa Ayoub, for the continued health of her family and in memory of Emil Ayoub and Gretta Ayoub Casalnuovo.
- By George, Mariam, Mark, Antonio and Hend Bshara.
- By Ehab, Rania, Sami, Selena and Anthony Dahabreh, in memory of Rania's father, Hani Tadros, and of Ehab's mother, Nawal Hawatmeh Dahabreh.

To offer Holy Oblations and Memorials please use the form at <https://stnicholasla.com/makeaprayrequest> or call the Cathedral office by Wednesday.

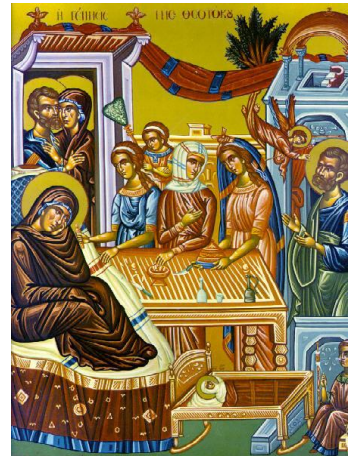
ANNOUNCEMENTS



PLEASE JOIN US FOR FELLOWSHIP AFTER LITURGY

Following the dismissal and announcements, come forward for a blessing, then exit via the south (right side/chapel area) doors, and join us in the Heritage Ballroom for refreshments.

Please consider sponsoring a Coffee Hour after Liturgy. The time of fellowship after the Divine Liturgy is integral to the life of our community. It provides an opportunity for visitors to be fully welcomed and for the rest of us to enjoy visiting with our church family members. Please select a Sunday in 2023 to host a coffee hour. You can also team up with another family. Bring whatever you would like to share—donuts, cookies, mini bagels, zaatar, etc. The Ladies Society will provide the coffee and paper goods. Call/text Joujou George (562)-522-1322, or email her at ginageorge@verizon.net to reserve a Sunday.



SERVICES FOR MARY'S BIRTHDAY

For the Great Feast of the Nativity of the Theotokos, we will celebrate Liturgy on the Eve of the Feast. We hope that your whole family will be able to join us at **6:30 pm Thursday, September 7**, out of our love for our dear Lord's Mother.

FR. NABIL IS AWAY FOR A WEDDING

Fr. Nabil is serving Liturgy this morning at Ss. Cyril and Methodius Orthodox Church in Chico, in northern California. This is where a young man from St. Nicholas Cathedral relocated a few years ago. As we are still his church of record, Fr. Nabil will be celebrating that wedding there, this afternoon. He looks forward to joining everyone tomorrow for the picnic at Camp St. Nicholas.

COLLEGE STUDENTS

We need to stay in touch with all our students away from home and to connect them with OCF chapters that exist on many campuses. Please call or e-mail your student's college contact information to our church office (cathedral@stnicholasla.org).



Note that St. Nicholas Cathedral is the sponsor of the Orthodox campus fellowship at USC, where we hope to start having regular meetings soon.

CHURCH SCHOOL STARTS SUNDAY, SEPTEMBER 10

That day, we will ask God to bless our students and teachers, as they begin their studies for the new Church School Year.

Please register new students for Church School online (scan the QR code or enter <https://forms.gle/xRSfTz1dCGKJDPCv5> manually). There will also be a table set up for registration during coffee hour today.



For returning students, you will be able to confirm registration information quickly, at the Church School table during coffee hour today.

We have classes for youth from preschool through high school. (Three-year-olds may begin preschool if potty trained.) Please contact Lauren Malouf, our Church School Director, or Assistant Directors Salma Maalouf and Wafa Omeish, if you have any questions.

Children and teachers will come to Communion first. Then they will go directly to their classes, while parents and the rest of us finish the Liturgy. Students will have their own snacks in class, and they will meet us in coffee hour, when they finish.

This year, we are synchronizing our instruction with the Archdiocese "One Body in Christ" curriculum. We'll share more about that with you on Sep. 10.

It's Camp Day for Everyone!

**Join us Labor Day,
Monday, Sep. 4**

We will provide chicken and paper goods.

So we can make sure we have the right amount of chicken, please email Fr. Andrew at frandrewa@stnicholasla.org to let us know how many in your family are coming.

You bring side dishes, dessert or drinks to share.

Bring your swimsuits, board games, etc.

We also need someone who's a qualified lifeguard, so we can open the pool on Monday. Please also email Fr. Andrew (at frandrewa@stnicholasla.org) if you can help us or have someone to suggest.



Many tell me they've never even been up to our Camp. The Cathedral invests heavily in Camp St. Nicholas. We'd really like you to see it, find out what we're doing AND enjoy it!

CAMP ST. NICHOLAS
St Nicholas Cathedral Invites You To A

**COMMUNITY
PICNIC AT CAMP**

SEPTEMBER 4, 2023

11:00AM - 5:00PM

Chicken will be provided by the Cathedral.
Please bring sides and drinks to share.

Bring sports equipment, swimming attire and anything else you would like to have with you to enjoy our camp in the beautiful pine forest.

Camp St Nicholas
11770 Frontier Road
Frazier Park, 93225



Saint Nicholas Cathedral invites you to

*Get to Know the Ladies
An Afternoon at the Cathedral*

*Please join us 3:30 pm on
Saturday, September 9, 2023,
for fellowship and snacks, concluding with all
the Women praying together at Vespers that starts at 6 pm.*

*This is a wonderful opportunity to learn more of what we Women do
for the church, how we grow in our faith through serving others.*

*There will be no charge to attend this event,
but we appreciate the favor of a reply, so we can plan accordingly.*

*Répondez s'il vous plaît to Rose Samore, President, at
rosesamore@gmail.com or (818) 378-2055.*



The Ladies of St. Nicholas are invited for an afternoon of Fellowship on Saturday, September 9, at 3:30 pm, beginning in the Heritage Ballroom with some fellowship and snacks, and concluding with all the women being together for Vespers at 6:00 pm.

This is a wonderful opportunity to learn more of what we Women do for the church, how we grow in our faith through serving others. It goes beyond coffee hours, bake sales and cooking for church events! Join us as we discuss what the St. Nicholas Ladies' focus could and should be and learn how we fit into the focus of the Women at the Diocesan and National levels as well. So, a little talking, a little food and drink, a chance to worship together—it adds up to a special time just for us! See you on September 9!

ST NICHOLAS ORTHODOX CATHEDRAL

Sponsored By

ST NICHOLAS LADIES SOCIETY

Annual Field Trip

FUN FOR THE WHOLE FAMILY!

THURSDAY, SEPTEMBER 28, 2023

Bus leaves St. Nicholas parking lot at 9:30 AM Sharp

2300 W 3rd St. Los Angeles, CA 90057

Reserve your seat, spaces are limited!

Deadline Wednesday, September 20, 2023



A very special place to visit, dedicated to one of the great wood workers of our time. Sam Maloof was a world-famous woodworker and artist - The foundation dedicated this museum and gallery to showcase his work and his excellence in craftsmanship, encourage artists and make available to the public the treasure house the Maloofs' lovingly created.

After the tour we will get to enjoy the art gallery, the gardens and the delightful gift store.

Price: \$30/person - Bus, Museum Admission & Tour

Check payable to: St. Nicholas Ladies Society

Mail Check to: Diana Kronfli

913 Calle La Primavera, Glendale, CA 91208

Or, Pay with ZELLE: cathedral@stnicholasla.com

Comment: St. Nick Field Trip

Lunch from Zaky Mediterranean Grill

Voted best Med restaurant in CA!

Complimentary of the Ladies Society



ST. NICHOLAS FESTIVAL: OCTOBER 7-8

Mark your calendars now, and plan to be with us the first full weekend of October. We need everyone working together as one family for the Festival.

Please stop by the Festival Table in the hall, during coffee hour today.

- We are forming a team now. Please see our Festival Chairman Ehab Dahabreh during coffee hour today, or email him at tony@sspetro.com
- See Lamia Qafaiti to donate items for the silent auction. We can use new items, antiques and gift certificates for services.
- We have **sponsorship opportunities**, where you can showcase your business. Let your fellow Cathedral members know about services you can provide them, as well as advertising your business to all our guests, as you will be recognized in our publicity, in a brochure to be handed out to all our Festival guests and on our website. *See someone at the Festival table for more information.*
- **You will find flyers and posters at the Festival Table.** Please take a flyer, and help us get the word out by sharing the flyer with friends or posting it to a bulletin board where you work or shop.

Please sign up for at least one shift. We want everyone to have a chance to enjoy the Festival. To do that, we will also need everyone to work, so the effort doesn't fall on a small number of people. *Many hands make light work!*

St. Nicholas
ANTIOCHIAN ORTHODOX CATHEDRAL

Festival

SATURDAY & SUNDAY
OCTOBER 7 & 8, 2023

2300 W. 3RD STREET, LOS ANGELES, CA 90057

SATURDAY: 3:00PM - 11:00PM **SUNDAY: 12:00PM - 10:00PM**

LIVE MUSIC & DJ

WIN 2023 TOYOTA CAMRY

CHURCH TOURS

\$5 ENTRANCE FEE
KIDS UNDER 10 - FREE

FOUEL FAYAD **MICHEL ASHRAH** **MICHEL ASLAN** **CHARBEL BASSIL** **FADI HANNI**

VENDORS AND RENTAL INQUIRIES, AD BOOK, DONATIONS: PLEASE CONTACT ZIAD SALEH AT 818-288-8716

BEER + WINE
MANAKEESH
KABAB . GYRO . TACOS
FALAFEL . KIBBEH MASHIWEYEH
SWEETS & MUCH MORE

KIDS ACTIVITIES
CARNIVAL GAMES .
BOUNCY HOUSE & MORE

2023 TOYOTA CAMRY
SILENT AUCTION
SPORT COLLECTIBLES

SMOKING IN DESIGNATED AREAS ONLY



Men's BBQ Social Dinner ALL YOU CAN EAT!



September 12, 2023
Social at 6:00
Dinner at 7:00

St. Nicholas Cathedral Heritage Hall

YES is coming to your community!

- Be guided through an educational and formational service-learning experience
- Learn about the current struggles of your community
- Connect with organizations doing great work in your city
- Come together with other young people eager to serve

WHEN?	Saturday, September 30h from 9:30am - 4:30pm
WHERE?	St. Nicholas Antiochian Orthodox Cathedral 2300 W 3rd St, Los Angeles, CA 90057
WHO?	13- to 18- year-olds
COST?	A donation of \$65 per person will support the outreach efforts and make it possible for the YES Program to prepare and execute the Trip.

HOW DO I REGISTER? Registration is open!
www.yesnorthamerica.org

ANY QUESTIONS? Please contact **Wadeed Fakhoury**
Program Manager
wfakhoury@focusna.org



RSVP

Mike 909-561-0363 Jim 323-646-3717
George 626-390-9285 Curt 909-518-3042

Fr. Andrew at the Cathedral

\$25 Per Person

St. Katherine Fall Retreat

Mother Efrema on Prayer and Forgiveness



About Mother Efrema

Mother Efrema has been with the Monastery of St. Silouan the Athonite in Iasi, Romania, since 2008. With Mother Siluana Vlad's blessing and prayers, Mother Efrema has been helping many people through spiritual and emotional counseling. Her work involves the "Forgiveness Seminar" created by Mother Siluana as a method of teaching a way of life centered on God. Mother Efrema also teaches on Orthodox faith topics at "Metropolitan Varlaam" School in Iasi.

More resources:

YouTube channel dedicated to Mother Siluana: <https://www.youtube.com/@MaicaSiluanacadragisirugaciune>
Blog with translations of sayings and homilies from Romanian elders: <https://romelders.substack.com/>

Saturday, September 16, 2023

- St. Katherine Greek Orthodox Church
722 Knob Hill Ave., Redondo Beach, CA 90277
- 8:30 AM - 9 AM - Orthros
- 9 AM - 9:15 AM - Coffee & Donuts
- 9:30 AM - 11:30 AM - Session One:
"On the Prayer of the Heart"
- 11:30 AM - 12:30 PM - Lunch
- 12:30 PM - 3 PM - Session Two:
"On Forgiveness"

Retreat Agenda

- **Fr. Michael Courey** - Opening prayer and speaker introduction
- **M. Efrema** - Session One
"On the Prayer of the Heart" - Prayer involves our entire being: soul and body
- **M. Efrema** - Session Two
"On Forgiveness" - Forgiveness, being free, is the highest form of love and can only be accomplished with God's help
- **Fr. Michael Courey** - Closing prayer

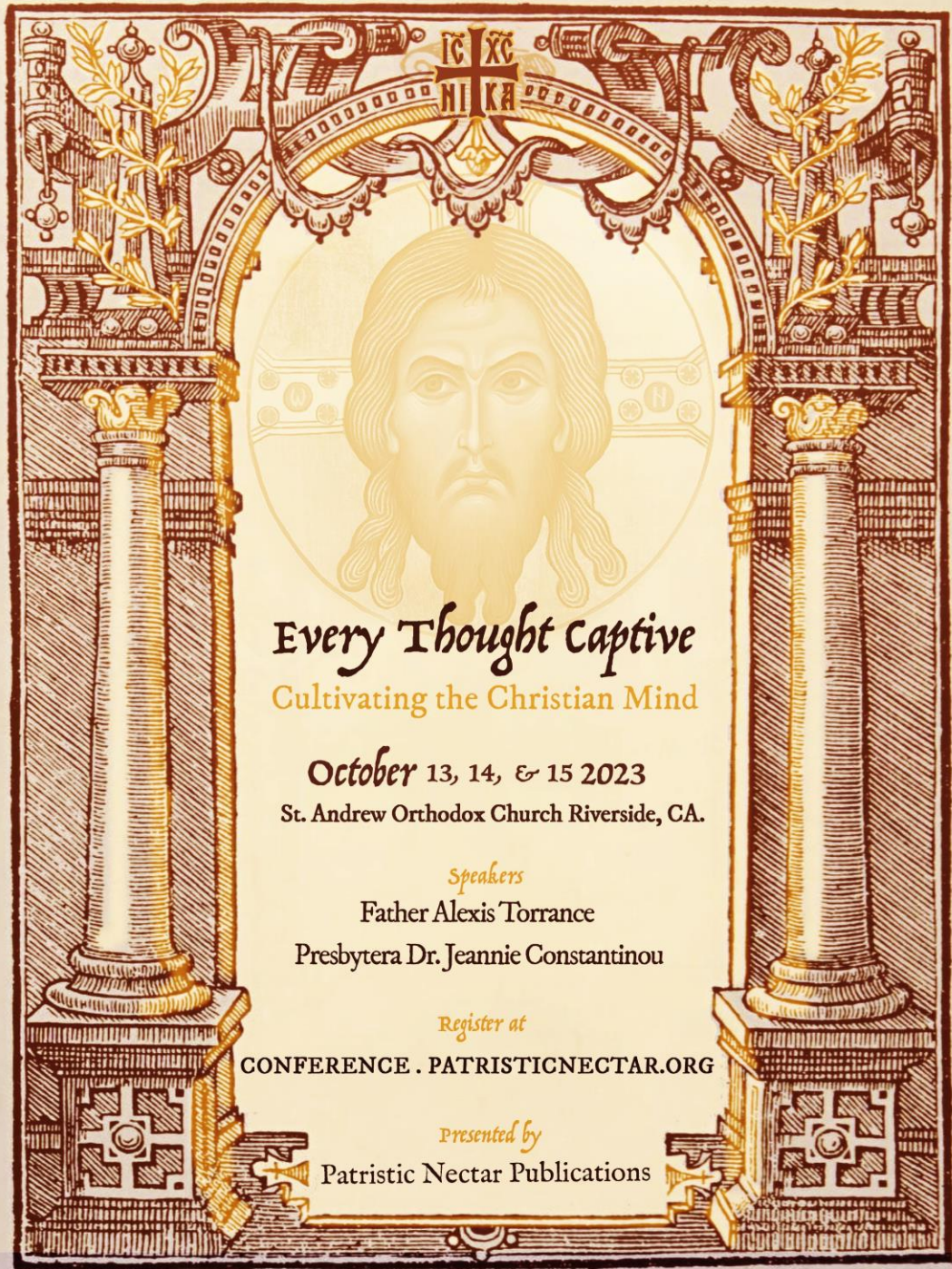
Registration

Seating is limited. Please register by September 14

Please register by emailing
corina@passionforhealing.com

The event is free.

Donations to the St. Katherine Discretionary Fund are gladly accepted.



Every Thought Captive
Cultivating the Christian Mind

October 13, 14, & 15 2023

St. Andrew Orthodox Church Riverside, CA.

Speakers

Father Alexis Torrance

Presbytera Dr. Jeannie Constantinou

Register at

CONFERENCE . PATRISTICNECTAR.ORG

Presented by

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**ANTIOCHIAN ORTHODOX CHRISTIAN
ARCHDIOCESE OF NORTH AMERICA**

DIocese Of Los Angeles & The West



OCTOBER: 13TH – 15TH

725 MAZE BLVD. MODESTO, CA 95351



**WITH THE BLESSING OF HIS
EMINENCE METROPOLITAN SABA**

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CATHEDRAL PRAYER LIST

Please include in your daily prayers the following—those struggling with acute illness and those newly departed this life—from our parishioners and those for whom they have requested our prayers. (Names are kept for 40 days, the date indicated after the name, and may be renewed upon request.)

LIVING

Albert Malouf, home, 10/3
Ousama Zabaneh, home, 9/29
Adrienne Andrews, home, 9/28
Clemence Gedeon, nursing home, 9/23
Julian Capata, home, 9/5
Elizabeth Bwarie, niece of Bob and Renee Crawford, 10/4
Yousry Iskander, uncle of Fr. Nabil, 9/21
Kristen Schamp, goddaughter of Fr. Nabil and Kh. Elaine, 9/14
Charles Malouf, brother of Ed Malouf, 9/5
All those suffering from illness, violence and want in this country and throughout the world

DEPARTED

Fr. Paul Eyler, retired from St. Michael's, Las Vegas, 9/26
John Abraham, 9/30
Helen O'Conor, hospital, 9/20
Jimmy Joseph Fasheh, 9/8
Anis Madanat, Faten Crawford's father, 10/5
Larry Stenman, former member of the Cathedral, 9/27
Zinetta Marie Nassif, former member of the Cathedral, 9/14
Joanne Saliba-Blight, former member of the Cathedral, 9/9
Joan Phelps, aunt of Curtis Annett, 9/7
Victims of violence in this country and everywhere

Future Dates to Remember

- **St. Nicholas Festival**, October 7-8
- **Diocese Fall Gathering**, Oct. 13-15, Modesto

ST. NICHOLAS CATHEDRAL CALENDAR

September 2023

Sat. 2	Great Vespers and Confessions, 6 pm
Sun. 3	Spanish Mission Liturgy , 7:45 am • Fellowship and Bible Study in Spanish Matins , 9:15 am Divine Liturgy , 10:30 am • Coffee Hour
Mon. 4	Cathedral Community Picnic , 11 am at Camp St. Nicholas (11770 Frontier Rd, Frazier Park)
Tue. 5	Choir dinner and practice, 6:30 pm
Thu. 7	<i>Eve of the Great Feast of The Nativity of the Theotokos</i> Divine Liturgy , 6:30 pm
Sat. 9	FOCUS Charity Food Distribution, 9 am Church School Staff retreat, noon "Get to Know the Ladies" social, 3:30 pm Great Vespers and Confessions, 6 pm
Sun. 10	Spanish Mission Liturgy , 7:45 am • Fellowship and Bible Study in Spanish Matins , 9:15 am Divine Liturgy , 10:30 am • Church School Blessing and "Meet the Teacher" • Coffee Hour
Tue. 12	Men's Fellowship dinner, 6 pm
Wed. 13	<i>Eve of the Great Feast of The Elevation of the Holy Cross</i> Divine Liturgy , 6:30 pm
Sat. 16	Great Vespers and Confessions, 6 pm

SEE THE FULL CALENDAR and latest additions and updates at stnicholasla.org/parishcalendar