



## St. Nicholas Orthodox Cathedral

Antiochian Orthodox Christian Archdiocese of North America  
Diocese of Los Angeles and the West

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TONE 6

JUNE 16, 2024

EOTHINON 10

## POST FEAST OF THE ASCENSION: SUNDAY OF THE 318 HOLY FATHERS OF THE FIRST ECUMENICAL COUNCIL

TIKHON THE WONDER-WORKER, BISHOP OF AMATHOS IN CYPRUS  
VENERABLE TIKHON OF KALUGA • VENERABLE TIKHON OF LUKH

الأحد بعد الصعود:

أحد آباء المجمع المسكوني الأول

تذكار ابينا القديس تيخت، أسقف اماثوس في جزيرة قبرس

### “Luminous Stars upon Earth”

Today, we remember the Fathers of the First Ecumenical Council, held in 325 A.D. The Church reminds us of these faithful Fathers who defended the Apostolic Faith in the face of the greatest challenges to the truth of Christ.

We remember so that we may be vigilant in our own day and in our own lives to safeguard the truth of Christ, the truth that is Christ, so that safeguarding that truth, we may truly know Christ and be His witnesses to those who do not yet know Him or the fullness of life in Him, which we find in the Orthodox Church.



# LITURGY VARIATIONS

## 1<sup>ST</sup> ANTIPHON (PSALM 46.1, 2, 3 LXX)

O clap your hands, all ye peoples; shout unto God with the voice of exultation.

**Refrain:** Through the intercessions of the Theotokos, Savior, save us!

For the Lord Most High is terrible; He is a great King over all the earth. **Refrain**

يَا جَمِيعِ الْأُمَمِ صَفِّقُوا بِالْأَيْدِي، هَلِّلُوا لِلَّهِ بِأَصْوَاتِ الْإِبْتِهَاجِ.

اللازمة: بِشَفَاعَاتِ وَالِدَةِ الْإِلَهِ، يَا مُخَلِّصُ خَلِّصْنَا.

لَأَنَّ الرَّبَّ مُتَعَالٍ وَمَرْهُوبٌ، وَمَمْلِكٌ عَظِيمٌ عَلَى الدُّنْيَا  
بِأَسْرِهِا. اللازمة

### Schedule of Regular Weekly Services

Sundays: Matins, 9:15 AM

Divine Liturgy, 10:30 AM

Saturdays: Great Vespers, 6:00 PM

Confession: After Saturday Vespers

During Sunday Matins

Or by Appointment

See Calendar for Fast Days and Other Weekday Services Scheduled

Please turn cell phones off!



### Order for Holy Communion

Members of the Orthodox Church age seven and above must prepare for Holy Communion with a recent confession, prayer, fasting from all food and drink from midnight (unless a medical condition preclude it), being in church *before* the Epistle and Gospel readings, and being at peace with everyone.

### نظام المناولة المقدسة

يجب على أعضاء الكنيسة الأرثوذكسية من سن السابعة وما فوق، الاستعداد للمناولة المقدسة باعتراف حديث والصلاة والصوم عن جميع الأطعمة والمشروبات من منتصف الليل (ما لم تكن هناك موانع طبية)، والتواجد في الكنيسة قبل قراءات الرسالة والإنجيل، وأن يكونوا في سلام مع الجميع.

As there are **NO CHURCH SCHOOL** classes today, children should sit with their parents and come to Communion with them. An usher will dismiss your row from the center aisle. Then return to your place by a side aisle for the prayers of thanksgiving and the final blessing and dismissal. Please let choir members pass when they come down for Communion.

### A Warm Welcome to Our Guests

We are glad you are worshipping with us. Please note that participation in **Holy Communion is limited to members of the Orthodox Church** in good standing, who have prepared with prayer, fasting and a recent confession.

### ترحيب حار بضيوفنا

نحن سعداء لأنكم تشاركون معنا في الصلاة. يرجى ملاحظة أن المشاركة في المناولة المقدسة تقتصر على أعضاء الكنيسة الأرثوذكسية الذين استعدوا أيضا بالصلاة والصوم والاعتراف الحديث.

For all others: though we cannot share Communion with you—since it is an expression of membership and full unity in faith—you are welcome to come forward after the dismissal, receive a blessing and partake of the blessed bread (from the large bowls). Please also sign our guest book and introduce yourself to Fr. Nabil or Fr. Andrew during coffee hour. You may inquire with them how you can become a member.

He hath subdued the peoples under us, and the nations under our feet. **Refrain**

Glory..., now and ever.... Amen. **Refrain**

أَحْضَعَ الشُّعُوبَ لَنَا وَالْأُمَمَ تَحْتَ أَقْدَامِنَا. **اللازمة**

المجْدُ ... الآنَ وَكُلَّ أَوَانٍ ... **اللازمة**

## 2<sup>ND</sup> ANTIPHON (PSALM 47.1, 3, 4 LXX)

Great is the Lord, and greatly to be praised in the city of our God, in His holy mountain. **اللازمة**: هُوَ الرَّبُّ وَمُسَبِّحٌ جَدًّا فِي مَدِينَةِ إِهْلِنَا، عَلَى جَبَلِ قُدْسِهِ.

**Refrain**: Save us, O Son of God, Who didst rise from us in glory to the heavens, who sing unto Thee: Alleluia.

اللَّاهِيَّة: خَلِّصْنَا يَا ابْنَ اللَّهِ، يَا مَنْ صَعِدَ عَنَّا بِمَجْدٍ إِلَى السَّمَاوَاتِ، لِتُرْتَلَّ لَكَ. هَلِّلُويَا.

God is known in her palaces when He cometh to our aid. **Refrain**

اللَّهُ مَعْرُوفٌ فِي قُصُورِهَا بِأَنَّهُ نَصِيرُهَا. **اللازمة**

For lo, the kings of the earth were assembled; they came together. **Refrain**

هَآ إِنَّا مُلُوكَ الْأَرْضِ قَدِ اجْتَمَعُوا وَأَقْبَلُوا مَعًا. **اللازمة**

Glory..., now.... O only-begotten Son....

المجْدُ ... الآنَ وَكُلَّ أَوَانٍ ... يَا كَلِمَةَ اللَّهِ، الْإِبْنَ الْوَحِيدَ ...

## 3<sup>RD</sup> ANTIPHON: TROPARION OF THE ASCENSION (TONE 4; PSALMS 48.1, 3, 4 LXX)

Hear this, all ye people; give ear, all ye inhabitants of the earth.

هَذَا يَا كُلَّ الْأُمَمِ، أَصْغُوا يَا سُكَّانَ الْأَرْضِ أَجْمَعِينَ.

**Refrain**: Thou hast ascended in glory, O Christ our God, and gladdened Thy disciples with the promise of the Holy Spirit, making them confident through the blessing: that Thou art the Son of God and Deliverer of the world.

اللَّاهِيَّة: لَقَدْ صَعِدْتَ بِمَجْدٍ أَيُّهَا الْمَسِيحُ إِهْلِنَا، وَفَرَّحْتَ تَلَامِيذَكَ بِوَعْدِ الرُّوحِ الْقُدْسِيِّ، إِذْ أَيْقَنُوا بِالْبَرَكَاتِ أَنَّكَ أَنْتَ ابْنُ اللَّهِ، مُنْقِذُ الْعَالَمِ.

My mouth shall speak of wisdom; and the meditation of my heart shall be of understanding. **Refrain**

إِنَّ فَمِي يَتَكَلَّمُ بِالْحِكْمَةِ، وَقَلْبِي يَلْهَجُ بِالْفَهْمِ. **اللازمة**

I will incline mine ear to a parable; I will open my dark saying upon the harp. **Refrain**

كَذَلِكَ تَهَلَّلُ الْخَطَاةُ مِنْ أَمَامِ وَجْهِ اللَّهِ، وَالصَّادِقُونَ يَفْرَحُونَ أُمَيْلُ أَدْنِي إِلَى الْأَمْثَالِ، وَأَكْشِفُ الْعَازِيَّ عَلَى الْقَيْثَارِ.

**اللازمة**

## APOLYTIKIA AFTER THE ENTRANCE

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### Troparion of the Resurrection (Tone 6)

When Mary stood at Thy grave, looking for Thy sacred body, angelic powers shone above Thy revered tomb. And the soldiers who were to keep guard became as dead men. Thou ledest Hades captive and wast not tempted thereby. Thou didst meet the Virgin and didst give life to the world, O Thou, Who art risen from the dead, O Lord, glory to Thee.

إِنَّ الْقُوَّاتِ الْمَلَائِكِيَّةَ ظَهَرُوا عَلَى قَبْرِكَ الْمُوقَّرِ، وَالْحُرَّاسَ صَارُوا  
كَالْأَمْوَاتِ، وَمَرِيَمَ وَقَفَّتْ عِنْدَ الْقَبْرِ طَالِبَةً جَسَدَكَ الطَّاهِرَ،  
فَسَبَّيْتَ الْجَحِيمَ وَلَمْ تُجَرَّبْ مِنْهُ، وَصَادَقْتَ الْبَتُولَ مَائِحاً الْحَيَاةَ.  
فِيَا مَنْ قَامَ مِنْ بَيْنِ الْأَمْوَاتِ، يَا رَبُّ الْمَجْدُ لَكَ.

### Troparion of the Ascension (Tone 4)

Thou hast ascended in glory, O Christ our God, and gladdened Thy disciples with the promise of the Holy Spirit, making them confident through the blessing: that Thou art the Son of God and Deliverer of the world.

لَقَدْ صَعِدْتَ بِمَجْدٍ أَيُّهَا الْمَسِيحُ إِلَهُنَا، وَفَرَّحْتَ تَلَامِيذَكَ بِوَعْدِ  
الرُّوحِ الْقُدْسِيِّ، إِذْ أَيْقَنُوا بِالْبَرَكَةِ أَنَّكَ أَنْتَ ابْنُ اللَّهِ، مُنْقِذُ  
العَالَمِ.

### Troparion of the Holy Fathers (Tone 8)

Thou, O Christ, art our God of exceeding praise Who didst establish our holy Fathers as luminous stars upon earth, and through them didst guide us unto the true Faith, O most merciful One, glory to Thee.

أَنْتَ أَيُّهَا الْمَسِيحُ إِلَهُنَا الْفَائِضُ التَّسْبِيحِ، يَا مَنْ أَسَّسْتَ آبَاءَنَا  
الْقِدِّيسِينَ عَلَى الْأَرْضِ كَوَاكِبَ لَامِعَةٍ، وَبِهِمْ هَدَيْتَنَا جَمِيعاً إِلَى  
الإِيمَانِ الْحَقِيقِيِّ، يَا جَزِيلَ الرَّحْمَةِ، الْمَجْدُ لَكَ.

### Troparion of St. Nicholas (Tone 4)

The verity of your actions revealed you to your flock, a rule of faith, an icon of mildness, and teacher of abstinence, O Father Bishop Nicholas; wherefore by humility you have achieved exaltation and by poverty richness. Intercede with Christ our God to save our souls.

لَقَدْ أَظْهَرْتَكَ أَعْمَالُ الْحَقِّ لِرِعِيَّتِكَ قَانُوناً للإِيمَانِ، وَصُورَةً  
لِلْوَدَاعَةِ، وَمُعَلِّماً للإِمْسَاكِ، أَيُّهَا الْأَبُ وَرئيسُ الْكَهَنَةِ  
نِيقُولَاوسَ. فَلِذَلِكَ أَحْرَزْتَ بِالتَّوَاضُعِ الرِّفْعَةَ، وَبِالمِسْكِنَةِ  
الغِنَى. فَتَشَفَّعْ إِلَى الْمَسِيحِ الإِلَهِ أَنْ يُخَلِّصَ نَفُوسَنَا.

## Kontakion of the Ascension (Tone 6)

When Thou didst fulfill thy dispensation for our sakes, uniting the terrestrials with the celestials, Thou didst ascend in glory, O Christ our God, inseparable in space, but constant without separation, and crying unto thy beloved: I am with you, and no one shall be against you.

أَكْمَلْتَ التَّدْبِيرَ الَّذِي مِنْ أَجْلِنَا، وَجَعَلْتَ الَّذِي عَلَى  
الْأَرْضِ مُتَّحِدِينَ بِالسَّمَاوِيِّينَ، صَعَدْتَ بِمَجْدٍ أُيُّهَا الْمَسِيحُ  
إِلَهُنَا، غَيْرَ مُنْفَصِلٍ مِنْ مَكَانٍ، بَلْ ثَابِتًا بِغَيْرِ افْتِرَاقٍ وَهَاتِفًا  
بِأَجْبَائِكَ: أَنَا مَعَكُمْ، وَلَيْسَ أَحَدٌ عَلَيْكُمْ.

## THE SCRIPTURE LESSONS

### Prokeimenon (Daniel 3.26, 27; Tone 4)

Blessed are you, O Lord, the God of our Fathers.

*Verse:* For you are just in all you have done!

### Reading from the Acts of the Apostles (20.16-18, 28-36; Fathers 1<sup>st</sup> Council)

IN THOSE DAYS, Paul had decided to sail past Ephesus, so that he might not have to spend time in Asia; for he was hastening to be at Jerusalem, if possible, on the day of Pentecost. And from Miletus he sent to Ephesus and called to him the elders of the church. And when they came to him, he said to them: "Take heed to yourselves and to all the flock, in which the Holy Spirit has made you overseers, to care for the church of God which he obtained with the blood of his own Son. I know that after my departure fierce wolves will come in among you, not sparing the flock; and from among your own selves will arise men speaking perverse things, to draw away the disciples after them. Therefore, be alert, remembering that for three years I did not cease night or day to admonish everyone with tears. And now I commend you to God and to the word of His grace, which is able to build you up and to

### بروكيمنون (دانيال ٣، ٢٦، ٢٧، اللحن ٤)

مُبَارَكٌ أَنْتَ يَا رَبُّ إِلَهَ آبَائِنَا.

فِيَا نَيْتَكَ عَادِلٌ فِي كُلِّ مَا صَنَعْتَ بِنَا.

### فَصَلِّ مِنْ أَعْمَالِ الرُّسُلِ الْقَدِيسِينَ الْأَطْهَارِ

(١٦، ٢٠-١٨، ٢٨-٣٦؛ لاحد الآباء)

فِي تِلْكَ الْأَيَّامِ، ارْتَأَى بُولُسُ أَنْ يَتَجَاوَرَ أَفْسُسَ فِي الْبَحْرِ  
لِقَلَّ يَعْزِضَ لَهُ أَنْ يُبْطِئَ فِي آسِيَةِ. لِأَنَّهُ كَانَ يَعْجَلُ حَتَّى  
يَكُونَ فِي أَوْرَشَلِيمَ يَوْمَ الْعَنْصَرَةِ إِنْ أَمَكَّنَهُ. فَمِنْ مِيلَيْتُسَ بَعَثَ  
إِلَى أَفْسُسَ، فَاسْتَدْعَى فُسُوسَ الْكَنِيسَةِ. فَلَمَّا وَصَلُوا إِلَيْهِ قَالَ  
لَهُمْ: اخذُوا لِأَنْفُسِكُمْ وَلِجَمِيعِ الرَّعِيَةِ الَّتِي أَقَامَكُمُ الرُّوحُ  
الْقُدُّسُ فِيهَا أَسَافِقَةً، لِتَرْعَوْا كَنِيسَةَ اللَّهِ الَّتِي افْتَنَاهَا بِدَمِهِ فَيَايَ  
أَعْلَمُ هَذَا، أَنَّهُ سَيَدْخُلُ بَيْنَكُمْ بَعْدَ ذَهَابِي ذَنَابٌ خَاطِفَةٌ لَا  
تُسْفِقُ عَلَى الرَّعِيَةِ وَمِنْكُمْ أَنْفُسُكُمْ سَيَقُومُ رِجَالٌ يَتَكَلَّمُونَ  
بِأُمُورٍ مُلْتَوِيَةٍ لِيَجْتَذِبُوا التَّلَامِيذَ وَرَاءَهُمْ لِذَلِكَ اسْتَهْرُوا،  
مُتَذَكِّرِينَ أَيْ مُدَّةَ ثَلَاثِ سِنِينَ لَمْ أَكْفُفْ لَيْلًا وَنَهَارًا أَنْ أَنْصَحَ  
كُلَّ وَاحِدٍ بِدُمُوعٍ وَالْآنَ اسْتَوْدِعُكُمْ، يَا إِخْوَتِي، اللَّهُ وَكَلِمَةُ  
نِعْمَتِهِ الْقَادِرَةَ أَنْ تَبْنِيَكُمْ وَتَمْنَحَكُمْ مِيرَاثًا مَعَ جَمِيعِ الْقَدِيسِينَ.

give you the inheritance among all those who are sanctified. I coveted no one's silver or gold or apparel. You yourselves know that these hands ministered to my necessities, and to those who were with me. In all things I have shown you that by so toiling one must help the weak, remembering the words of the Lord Jesus, how He said, 'It is more blessed to give than to receive.'" And when he had spoken thus, he knelt down and prayed with them all.

**Holy Gospel according to St. John  
(17.1-13; Holy Fathers 1<sup>st</sup> Council)**

AT THAT TIME, Jesus lifted up His eyes to heaven and said, "Father, the hour has come; glorify thy Son that the Son may glorify Thee, since Thou hast given Him power over all flesh, to give eternal life to all whom Thou hast given Him. And this is eternal life, that they know Thee, the only true God, and Jesus Christ, Whom Thou hast sent. I glorified Thee on earth, having accomplished the work which Thou gavest Me to do; and now, Father, glorify Thou Me in thine own presence with the glory which I had with Thee before the world was made.

"I have manifested thy Name to the men whom Thou gavest Me out of the world; thine they were, and Thou gavest them to Me, and they have kept thy word. Now they know that everything that Thou hast given Me is from Thee; for I have given them the words which Thou gavest me, and they have received them and know in truth that I came from Thee; and they have believed that Thou didst send Me. I am praying for them; I am not praying for the world but for those whom Thou hast given Me, for they are thine; all mine are thine, and thine are mine, and I am glorified in them. And now I am no more in the world, but they are in the world,

إِنِّي لَمْ أَشْتَهَ فِضَّةً أَوْ ذَهَبًا أَوْ لِبَاسَ أَحَدٍ. وَأَنْتُمْ تَعْلَمُونَ أَنَّ حَاجَاتِي وَحَاجَاتِ الَّذِينَ مَعِيَ خَدَمْتَهَا هَاتَانِ الْيَدَانِ. فِي كُلِّ شَيْءٍ بَيَّنْتُ لَكُمْ أَنَّهُ هَكَذَا يَنْبَغِي أَنْ نَتَعَبَ لِنُسَاعِدِ الضُّعْفَاءَ، وَأَنْ تَتَذَكَّرَ كَلَامَ الرَّبِّ يَسُوعَ. فَإِنَّهُ قَالَ: إِنَّ الْعَطَاءَ هُوَ مَغْبُوطٌ أَكْثَرَ مِنَ الْأَخْذِ. وَلَمَّا قَالَ هَذَا، جَثَا عَلَى رُكْبَتَيْهِ مَعَ جَمِيعِهِمْ وَصَلَّى.

**مِنْ بَشَارَةِ الْقَدِيسِ يوحنا الإنجيليِّ البَشِيرِ والتلميذِ الطاهرِ  
(١٧،١-١٣؛ لاحد الآباء)**

فِي ذَلِكَ الزَّمَانِ، رَفَعَ يَسُوعُ عَيْنَيْهِ إِلَى السَّمَاءِ وَقَالَ: يَا أَبَتِ قَدْ أَتَتِ السَّاعَةُ، مَجِّدِ ابْنَكَ لِيَمَجِّدَكَ ابْنُكَ أَيْضًا. كَمَا أَعْطَيْتَهُ سُلْطَانًا عَلَى كُلِّ بَشَرٍ لِيُعْطِيَ كُلَّ مَنْ أَعْطَيْتَهُ لَهُ حَيَاةً أَبَدِيَّةً. وَهَذِهِ هِيَ الْحَيَاةُ الْأَبَدِيَّةُ، أَنَّ يَعْرِفُوكَ أَنْتَ الْإِلَهَ الْحَقِيقِيَّ وَحَدَّكَ، وَالَّذِي أَرْسَلْتَهُ يَسُوعَ الْمَسِيحَ. أَنَا قَدْ مَجِّدْتُكَ عَلَى الْأَرْضِ. قَدْ أَتَمَّمْتُ الْعَمَلَ الَّذِي أَعْطَيْتَنِي لِأَعْمَلَهُ. وَالآنَ مَجِّدْنِي أَنْتَ يَا أَبَتِ عِنْدَكَ بِالْمَجْدِ الَّذِي كَانَ لِي عِنْدَكَ مِنْ قَبْلِ كَوْنِ الْعَالَمِ.

قَدْ أَعْلَنْتُ اسْمَكَ لِلنَّاسِ الَّذِينَ أَعْطَيْتَهُمْ لِي مِنَ الْعَالَمِ. هُمْ كَانُوا لَكَ، وَأَنْتَ أَعْطَيْتَهُمْ لِي، وَقَدْ حَفِظُوا كَلَامَكَ. وَالآنَ قَدْ عَلِمُوا أَنَّ كُلَّ مَا أَعْطَيْتَهُ لِي هُوَ مِنْكَ. لِأَنَّ الْكَلَامَ الَّذِي أَعْطَيْتَهُ لِي أَعْطَيْتَهُ هُمْ. وَهُمْ قَبِلُوا وَعَلِمُوا حَقًّا أَنِّي مِنْكَ خَرَجْتُ، وَأَمَنُوا أَنَّكَ أَرْسَلْتَنِي أَنَا مِنْ أَجْلِهِمْ أَسْأَلُ. لَا أَسْأَلُ مِنْ أَجْلِ الْعَالَمِ، بَلْ مِنْ أَجْلِ الَّذِينَ أَعْطَيْتَهُمْ لِي، لِأَنَّهُمْ لَكَ. كُلُّ شَيْءٍ لِي هُوَ لَكَ، وَكُلُّ شَيْءٍ لَكَ هُوَ لِي، وَأَنَا قَدْ مَجِّدْتُكَ فِيهِمْ. وَلَسْتُ أَنَا بَعْدُ فِي الْعَالَمِ، وَهؤُلاءِ هُمْ فِي الْعَالَمِ، وَأَنَا آتِي

and I am coming to Thee. Holy Father, keep them in thy Name, which thou hast given Me, that they may be one, even as we are one. While I was with them, I kept them in thy Name, which Thou hast given me; I have guarded them, and none of them is lost but the son of perdition, that the scripture might be fulfilled. But now I am coming to Thee; and these things I speak in the world, that they may have my joy fulfilled in themselves.”

إِيَّاكَ. أَيُّهَا الآبُ الْقُدُّوسُ احْفَظْهُمْ بِاسْمِكَ، الَّذِينَ أُعْطَيْتَهُمْ لِي، لِيَكُونُوا وَاحِدًا كَمَا نَحْنُ. حِينَ كُنْتُ مَعَهُمْ فِي الْعَالَمِ، كُنْتُ أَحْفَظُهُمْ بِاسْمِكَ. إِنَّ الَّذِينَ أُعْطَيْتَهُمْ لِي قَدْ حَفِظْتُهُمْ، وَمَنْ يَهْلِكُ مِنْهُمْ أَحَدٌ إِلَّا ابْنُ الْهَلَاكِ، لِيَتِمَّ الْكِتَابُ. أَمَّا الْآنَ فَايُّ آتِي إِلَيْكَ. وَأَنَا أَتُكَلِّمُ بِهَذَا فِي الْعَالَمِ لِيَكُونَ فَرْحِي كَامِلًا فِيهِمْ.

## HOLY OBLATIONS AND PRAYER REQUESTS

Offered by	For the Health of	In Memory of
The Cathedral community	All fathers, grandfathers and godfathers	All our departed fathers
<b>Rose, Muna, Manal, Rania, Ray and Ramzi Kakish and their families</b>		<b>Mervat</b> Kakish Madain (daughter/sister, 1-year memorial) and <b>Salim</b> Ayed Kakish (husband/father, 5 years departed)
<b>John L. and Suzi Sadd</b>	<b>All fathers, grandfathers, godfathers, brothers and uncles</b> (on this Father's Day)	
<b>Robin Nicholas</b>	<b>Dorothy</b> Nicholas (aunt)	
<b>Juliette Doss</b>		<b>Lisa, Nabil, Ibrahim, Victoria and Samir</b> Fasheh
<b>George, Mariam, Mark, Antonio and Hend Bshara</b>		
<b>Ehab, Rania, Sami, Selena and Anthony</b> Dahabreh		<b>Hani</b> Tadros (Rania's father) and <b>Nawal</b> Hawatmeh Dahabreh (Ehab's mother)

To offer Holy Oblations and Memorials please use the form at

<https://stnicholasla.com/makeaprayerrequest> or call the Cathedral office by Wednesday.

## POST-COMMUNION: THE TROPARION OF THE ASCENSION (TONE 4)

Thou hast ascended in glory, O Christ our God, and gladdened Thy disciples with the promise of the Holy Spirit, making them confident through the blessing: that Thou art the Son of God and Deliverer of the world.

لَقَدْ صَعَدْتَ بِمَجْدٍ أَيُّهَا الْمَسِيحُ إِلَهُنَا، وَفَرَّحْتَ تَلَامِيذَكَ بِوَعْدِ الرُّوحِ الْقُدُّوسِ، إِذْ أَيْقَنُوا بِالْبَرَكَةِ أَنَّكَ أَنْتَ ابْنُ اللَّهِ، مُنْقِدُ الْعَالَمِ.

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# ANNOUNCEMENTS

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## PLEASE JOIN US FOR FELLOWSHIP AFTER LITURGY

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Following the dismissal and announcements, come forward for a blessing, then exit via the south (chapel) door, and join us in the Heritage Ballroom. Lunch is hosted today by:

- Ladies' Society: **Father's Day Lunch**

This is a gift from the Ladies to the men and to the entire community. The Ladies thank you for your support at the bake sale and other events. *There is no charge.*



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## Upcoming Coffee Hour Schedule

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June 23	Salma Maalouf (memory of Joe)	July 14	OPEN
June 30	OPEN	July 21	Nancy Krank (Nancy Krank and Isabel Elac memorials)
July 7	OPEN	July 28	Lucy Hanna

***Please consider sponsoring a Coffee Hour after Liturgy.*** *The time of fellowship after the Divine Liturgy is integral to the life of our community. It provides an opportunity for visitors to be fully welcomed and for the rest of us to enjoy visiting with our church family members. Contact Jouvou George at (562) 522-1322 or [ginageorge@verizon.net](mailto:ginageorge@verizon.net) to reserve a Sunday.*

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## PENTECOST SOULS SATURDAY LITURGY: JUNE 22, 2024

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**Valhalla Memorial Park, 10:30 am  
(10621 Victory Blvd, North Hollywood)**

- Divine Liturgy and Memorial Service at Altar in St. Nicholas Gardens
- Concelebration by area Antiochian Clergy
- *Kollyva* will be provided
- Bring with You a List of the Names of Your Departed (not just those at Valhalla)
- Bring a folding chair • Refreshments will be provided





Join St. Nicholas Cathedral's Ladies  
Society

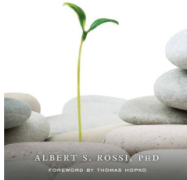
## One Day Retreat, Part 2

Led by Father Nabil

We will be continuing our  
discussion on [Becoming a  
Healing Presence](#) by  
Albert S Rossi!

Please join us, even if you  
haven't read the book!

BECOMING  
A HEALING  
PRESENCE



**When:** Saturday, June 22  
1:00 pm (after Soul Saturday Liturgy at  
Valhalla)

**Where:** The Home of Rose Samore  
1817 Maginn Drive  
Glendale, CA 91202

**RSVP to** Lauren Malouf (818) 687 – 0406  
lmalouf@hchc.edu

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## CAMP ST NICHOLAS



# Sat & Sun 29-30 JUNE 2024

## CAMP REUNION WORK WEEKEND

Join us for a fun weekend at Camp St Nichoals as we ready it for the summer sessions. Work party Saturday afternoon. Fun Evening Program. Liturgy on Sunday. Includes lunch and dinner Saturday and brunch on Sunday.

**LUNCH AT NOON SATURDAY - DEPART 1:00PM SUNDAY  
NO CHARGE TO ATTEND. THREE MEALS INCLUDED.  
[HTTPS://BUYTICKETS.AT/STNICHOLASLA/1225987](https://buytickets.at/stnicholasla/1225987)**

## REGISTRATION FOR SUMMER CAMP IS NOW OPEN

Register online at [www.campstnicholas.com/site/summer-camp/](http://www.campstnicholas.com/site/summer-camp/)

**Session 2/Teen Week is already full!**

Please sign up ASAP, before the other sessions fill up too!

**Week 1 Available  
(July 14-20)**

**Week 3 Available  
(July 28-Aug. 3)**

*St. Nicholas Cathedral will pay **half the cost for all our campers.** If you need additional help, just ask Fr. Nabil privately. Just register, and pay the deposit for now.*

Please contact Fr. Andrew if you are having any problems with the online sign-up process.

*Camp is the most important and most effective part of our youth ministry program. We are offering these generous scholarships because we believe Camp is that important.*

A Wishlist featuring essential items needed for our summer programs is now online at [Amazon Wishlist](#).

By contributing to the Wish List, families can make a donation that helps us reduce the direct costs of camp and keeps our fees manageable. By using the Wish List, individuals can see what items we still need, and any purchases made are shipped directly to the Camp.

JOIN IN SUPPORTING THE MINISTRY OF  
**CAMP ST. NICHOLAS**

# Summer Wishlist 2024

OUR PROGRAMS THAT YOU CAN GIVE TOWARDS ARE

- The Infirmary & Office
- Christian Education
- Morning Workshops
- Liturgical Arts \*NEW\*
- Color Wars & Afternoon Activities
- Dance & Evening Activities

## YOUNG ADULT (18-36) MOTIVATED BY MISSION ONE DAY SUMMER RETREAT

SPEAKERS | GAMES | EVENING SOCIAL + DANCE

**General Admission \$50**

Schedule:

**June 29th 2024**

Location:

**Saint Sophia  
Cathedral**

- 10AM LITURGY (ST. PETER & PAUL FEAST DAY)
- 11:45AM CHECK-IN
- 12- 5PM LUNCH + RETREAT
- 5:15PM ABBREVIATED VESPERS
- 6-9PM DINNER + DJ + WINE & BEER

**1324 Normandie Ave.  
Los Angeles, Ca 90006**

In collaboration with  
**OCMC**  
ORTHODOX CHRISTIAN MISSION CENTER



Register, reserve a hotel room, and find schedules and all the Information you need at [www.antiochianevents.com/la.htm](http://www.antiochianevents.com/la.htm)


*The Hotel is filling up. Please make your reservations before the Hotel is sold out.*

**Antiochian Women Breakfast Buffet & Meeting with Bishop Anthony.** This is the official meeting of the Antiochian Women. Come and see what future plans are in store for the women of our Diocese and gain some tips on how to make your local women’s group more effective for your Parish.

**Order of St. Ignatius of Antioch Reception.** This is the annual meeting and reception of the Order of St. Ignatius for our Diocese. The Order of St. Ignatius of Antioch is the philanthropic organization of the Archdiocese. Attend and hear the incredible works of The Order. You might even consider becoming a member of the Order at the PLC. In addition, enjoy an evening with our special guest speaker the Very Rev Dr. John Erickson Dean Emeritus of St. Vladimir’s Seminary.

**Young Adults Ministry Dinner Buffet & Hafli.** Calling all of our Young Adults. This is your evening to socialize and make new friends. Come & feast on a Southwest Dinner Buffet & then Dance the Night Away!


The Antiochian Orthodox Christian Archdiocese of North America  
Department of Conventions & Conference Planning




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## CATHEDRAL PRAYER LIST

*Please include in your daily prayers the following—those struggling with acute illness and those newly departed this life—from our parishioners and those for whom they have requested our prayers. (Names are kept for 40 days, until the date indicated after the name, and may be renewed upon request.)*

### LIVING

**Fr. Joseph** Abud and **Fr. James** Bernstein,  
friends of Fr. Nabil and Kh. Elaine, 7/20

**Evonne** Chala, hospital, 7/24

**Tiffany** Mychaskiw, home, 7/18

**Leroy** Simon, hospital, 7/14

**George** Ibrahim, hosp., 7/12

**Jason** Perkins, home, 6/27

**Nellie** Haick, home, 6/25

**Georgette** Malouf, home, 6/25

**Asad** Aboud, hospital, 6/20

**Julian E.** Capata, home, 6/19

**Julian F.** Capata, son of Julian and Shirley  
Capata, 7/20

**Calvin** Lee, friend of the Bytofs, 7/15

**Angele** Wahhab, mother of Lamia Qafaiti,  
7/4

**Elham** Alloush, mother of Arij Watfa  
Alchammas, 6/28

**Suraya** Yaghnam, sister of Taghreed  
Yaghnam, 6/25

**All those suffering from illness, violence  
and want in the Gaza conflict, in this  
country and throughout the world**

### DEPARTED

**Fadua** Roueiheb, 7/19

**Hayat** Kassab Alchammas, 7/2

**Muna** Habib, friend of Wafa Omeish, 7/24

**Yvette** Diab Bitar, aunt of Pierre Bitar,  
6/26

**Victims of the Gaza conflict and of  
violence everywhere**

## ST. NICHOLAS CATHEDRAL CALENDAR

June 2024

<b>Sun. 16</b>	<b>Spanish Mission Liturgy</b> , 7:45 am <ul style="list-style-type: none"> <li>• Fellowship and Bible Study in Spanish</li> </ul> <b>Matins</b> , 9:15 am <b>Divine Liturgy</b> , 10:30 am <ul style="list-style-type: none"> <li>• Father's Day Lunch</li> </ul>
<b>Mon. 17</b>	<b>Cathedral Council</b> , 7 pm online
<b>Sat. 22</b>	<b>Souls Saturday Liturgy and Memorial</b> , 10:30 am at St. Nicholas Garden (Valhalla Memorial Park, 10621 Victory Blvd., Los Angeles) <b>Ladies' Book Club Retreat</b> , 1 pm at Rose Samore's (1817 Maginn Drive, Glendale) <b>Great Vespers</b> , 6 pm
<b>Sun. 23</b>	<b>Great Feast of Pentecost</b> <b>Spanish Mission Liturgy</b> , 7:45 am <ul style="list-style-type: none"> <li>• Fellowship and Bible Study in Spanish</li> </ul> <b>Matins</b> , 9:15 am <b>Divine Liturgy</b> , 10:30 am <ul style="list-style-type: none"> <li>• Coffee hour</li> </ul>
<b>Fri. 28</b>	<b>Great Vespers</b> , 6:30 pm
<b>Sat. 29</b>	<b>Feast of Ss. Peter and Paul</b> <b>Matins</b> , 9:30 am <b>Divine Liturgy</b> , 10:30 am <b>Young Adult Retreat</b> , 11:30 am at St. Sophia Cathedral (1324 S Normandie Ave., Los Angeles)
<b>Sat. 29 – Sun. 30</b>	<b>Camp Reunion Work</b> at Camp St. Nicholas (11770 Frontier Rd., Frazier Park)
<b>Sun. 30</b>	<b>All Saints Sunday</b> <b>Matins</b> , 9:15 am <b>Divine Liturgy</b> , 10:30 am <ul style="list-style-type: none"> <li>• Coffee hour</li> </ul>

SEE THE FULL CALENDAR and latest additions and updates at [stnicholasla.org/parishcalendar](http://stnicholasla.org/parishcalendar)